

Santa Marta

A Life Care Senior Living Community

13800 West 116th Street • Olathe, KS 66062 • (913) 323-7101

History of the Thanksgiving Pie

Thanksgiving dishes have the potential to bring our very divided country together through collective memories, flavors, and nostalgia. How have the most essential Thanksgiving dishes, like turkey, stuffing, and most importantly, pie, come to be centerpieces of American tables?

While turkey is the showstopper of the dinner, pie is most definitely MVP. The pies we know and love today did not have a place at the original Thanksgiving table of the 17th century pilgrims. Pies came to the newly formed United States in the late 18th century from British immigrants who brought their longstanding tradition of meat and fruit filled pastry pies. It wasn't until the 19th century when pies became the standard American Thanksgiving dessert.

Pumpkin pie symbolizes the gratitude and appreciation our ancestors once experienced each harvest season. We pause to remember the roots of this important holiday and the sense of family, community, and gratitude each November.



November 2023



HONORING OUR VETERANS

"The nation will remain the land of the free only as long as it is the home of the brave."

"Veterans Day gives all Americans a special opportunity to pay tribute to all those men and women who, throughout our history, have left their homes and loved ones to serve their country," declared President Ronald Regan in 1986. Salute the country's 20 million veterans on November 11th.

Santa Marta is proud to have so many residents who bravely served our country as members of the United States military. These veterans served in World War II, Korea and Vietnam as part of the Army, Air Force, Marines and Navy. In recognition, all are invited to our annual Veterans Day celebration. This year's ceremony will be held Friday, November 10th, beginning at 2:00 p.m. in the Chapel. Refreshments will be served in Della Terra following the program.

Mark your calendar and plan to join us as we thank our veterans.

November 2023



November Birthdays

- 3 Allen Fischer
- 3 Marcie Desko
- 7 Jack Lindsey
- 9 Bill Bockelman
- 9 Don Cahalan
- 10 Suzy Dissinger
- 13 Gay Woosely
- 18 Jerry Stephenson
- 20 Paula Lohmeier
- 22 Patricia "Pat" Morgan
- 24 Alice Russell
- 28 Al Hoff
- 28 Richard Desko



November Anniversaries

- 6 Bob & Bev Lang
- 12 Stephen & Pat Sasenick
- 27 Larry & Jan Kramer


PUN CORNER

Q: What's a turkey's favorite type of music in November?

A: Heavy "gobble"-in'!



Sunday	Monday	Tuesday
5	6	7
<p>Ping Pong Table Available Until 1:00 p.m. - FC</p> <p>8:30 Mass - CH / Ch. 1981 3:00 BYOB Gathering - LT 4:00 Favorite Films - THR</p>	<p>9:00 Flex & Stretch - FC 11:30 MASS - CH / Ch. 1981 1:00 Shopping at Dollar Tree - BUS 1:00 Bocce Ball - FC 2:00 Community Outreach: Fleece Tie Blankets - AR 2:00 Buddy Swim - Pool 3:00 Line Dancing - FC 6:30 Bunco - CR</p>	<p>9:30 Water Works! - Pool 10:00 Shopping - Target 11:00 Tai Chi - FC 11:30 MASS - CH / Ch. 1981 1:00 Bocce Ball - FC 1:00 Ladies Bridge - CR 6:30 Open Bridge - CR</p>
12	13	14
<p>Ping Pong Table Available Until 1:00 p.m. - FC</p> <p>8:30 Mass - CH / Ch. 1981 3:00 BYOB Gathering - LT 4:00 Favorite Films - THR</p>	<p>9:00 Flex & Stretch - FC 11:30 MASS - CH / Ch. 1981 1:00 Shopping at Aldi - BUS 1:00 Bocce Ball - FC 2:00 Buddy Swim - Pool 3:00 Line Dancing - FC 6:30 Bunco - CR</p>	<p>9:30 Water Works! - Pool 10:00 Shopping - Walmart 11:00 Tai Chi - FC 11:30 MASS - CH / Ch. 1981 1:00 Bocce Ball - FC 1:00 Ladies Bridge - CR 6:30 Open Bridge - CR</p>
19	20	21
<p>Ping Pong Table Available Until 1:00 p.m. - FC</p> <p>8:30 Mass - CH / Ch. 1981 3:00 BYOB Gathering - LT 4:00 Favorite Films - THR</p>	<p>9:00 Hollywood Casino Outing - BUS 9:00 Flex & Stretch - FC 11:30 MASS - CH / Ch. 1981 1:00 Bocce Ball - FC 2:00 Community Outreach: Fleece Tie Blankets - AR 2:00 "Yappy Hour" - SM Dog Park 2:00 Buddy Swim - Pool 3:00 Line Dancing - FC 6:30 Bunco - CR</p>	<p>9:30 Water Works! - Pool 10:00 Shopping - Target 11:00 Tai Chi - FC 11:30 MASS - CH / Ch. 1981 1:00 Bocce Ball - FC 1:00 Ladies Bridge - CR 6:30 Open Bridge - CR</p>
26	27	28
<p>Ping Pong Table Available Until 1:00 p.m. - FC</p> <p>8:30 Mass - CH / Ch. 1981 3:00 BYOB Gathering - LT 4:00 Favorite Films - THR</p>	<p>9:00 Flex & Stretch - FC 11:30 MASS - CH / Ch. 1981 1:00 Outing to Total Wine - BUS 1:00 Bocce Ball - FC 2:00 Buddy Swim - Pool 3:00 Line Dancing - FC 5:00 Pianist, Tim Whitmer - BOT 6:30 Bunco - CR</p>	<p>9:30 Water Works! - Pool 10:00 Shopping - Walmart 11:00 Tai Chi - FC 11:30 MASS - CH / Ch. 1981 1:00 Bocce Ball - FC 1:00 Ladies Bridge - CR 2:00 Grief Support Group - AR 6:30 Open Bridge - CR</p>

Wednesday	Thursday	Friday	Saturday
9:00-4:00 Adoration - CH 1 9:00 Flex and Stretch - FC 10:00-2:00 Massage Therapist: Susan Meyers - GH *10 Minute Sessions* 11:30 MASS - CH / Ch. 1981 12:00 Ping Pong - FC 1:00 Hand & Foot Canasta - CR 1:15 Book Club - AR 3:00 Bible Study for All - AR 6:30 Bridge - CR	9:30 Water Works! - Pool 2 11:00 Tai Chi - FC 11:00 Bank Outing 11:30 Rosary - Life of the Unborn - CH / Ch.1981 1:00 All Faith Worship - CH / Ch.1981 2:30 Outing to Dillard's at Oak Park - BUS 7:00 Trivial Pursuit - CR	9:00 Flex and Stretch - FC 3 10:30 Chair Yoga - FC 11:30 MASS - CH / Ch. 1981 11:45 Popcorn 12:00 Ping Pong - FC 12:30 Mahjong - CR 1:00 BINGO - AR 4:00 Happy Hour - LT 4:00 Saxophonist / Vocalist, James Rojas - GH 6:30 Mexican Train Dominoes - AR	4 Ping Pong Available All Day 9:00 Shopping - Price Chopper 1:00 Ladies' Bridge - CR 4:00 Mass - CH / Ch. 1981
9:00-4:00 Adoration-CH 8 9:00 Flex & Stretch - FC 11:30 MASS-CH/Ch. 1981 12:00 Ping Pong-FC 1:00 Visionaides Support Group-AR 1:00 Hand & Foot Canasta-CR 3:00 Blessings Abound 3:00 Bible Study - AR 4:15 Dinner Out to Story - BUS 6:30 Bridge - CR	9:00 Men's Breakfast - BOT 9 9:30 Water Works! - Pool 11:00 Tai Chi - FC 11:00 Bank Outing 11:30 Rosary - Life of the Unborn - CH / Ch. 1981 1:00 All Faith Worship - CH / Ch. 1981 5:00 Pianist, Ruben Pascottini - BOT 7:00 Trivial Pursuit - CR	Veterans Day (Observed) 10 9:00 Flex & Stretch-FC 10:30 Chair Yoga-FC 11:30 MASS-CH/Ch. 1981 11:45 Popcorn 12:00 Ping Pong - FC 12:30 Mahjong - CR 1:00 BINGO - AR 2:00 Veterans Day Celebration - CH 4:00 Happy Hour - LT 6:30 Mexican Train Dom.- AR	Veterans Day 11 Ping Pong Available All Day 9:00 Shopping - Hen House 1:00 Computer Group - AR 1:00 Ladies' Bridge - CR 4:00 Mass - CH / Ch. 1981
9:00-4:00 Adoration-CH 15 9:00 Flex & Stretch - FC 10:00-10:30 Coffee & Donuts With Chet - CR 10:30 Chair Yoga - FC 11:30 MASS-CH/Ch. 1981 12:00 Ping Pong-FC 1:00 Dementia Support Group-AR 1:00 Hand & Foot Canasta-CR 3:00 Bible Study-AR 6:30 Bridge-CR	9:00 Ladies' Breakfast - BOT 16 9:30 Water Works! - CANCELLED 10:00 Browsing Books - AR 11:00 Tai Chi - FC 11:00 Bank Outing 11:30 Rosary - CH 1:00 All Faith Worship 2:00 Diamond Painting Bookmarks by Mary Lee - AR 5:00 Ruben Pascottini - BOT 7:00 Trivial Pursuit - CR	9:00 Flex and Stretch - FC 17 10:30 Chair Yoga - FC 11:30 MASS - CH / Ch. 1981 11:45 Popcorn 12:00 Ping Pong - FC 12:30 Mahjong - CR 1:00 BINGO - AR 4:00 Happy Hour - LT 6:30 Mexican Train Dominoes - AR	18 Ping Pong Available All Day 9:00 Shopping - Price Chopper 1:00 Ladies' Bridge - CR 4:00 Mass - CH / Ch. 1981
22 9:00-4:00 Adoration - CH 9:00 Flex and Stretch - FC 10:00 Resident Council - AR 10:30 Chair Yoga - FC 11:30 MASS - CH / Ch. 1981 12:00 Ping Pong - FC 1:00 Hand & Foot Canasta - CR 3:00 Bible Study for All - AR 6:30 Bridge - CR	Thanksgiving 23 8:30 Mass - CH / Ch. 1981 HAPPY THANKSGIVING! All Classes & Activities Are Cancelled in Honor of the Holiday.	24 9:00 Flex and Stretch - FC 10:30 Chair Yoga - FC 11:30 MASS - CH / Ch. 1981 11:45 Popcorn 12:00 Ping Pong - FC 12:30 Mahjong - CR 1:00 BINGO - AR 4:00 Happy Hour - LT 6:30 Mexican Train Dominoes - AR	25 Ping Pong Available All Day 9:00 Shopping - Hen House 1:00 Ladies' Bridge - CR 4:00 Mass - CH / Ch. 1981
29 9:00-4:00 Adoration - CH 9:00 Flex and Stretch - FC 10:30 Chair Yoga - FC 11:30 MASS - CH / Ch. 1981 12:00 Ping Pong - FC 1:00 Outing to Bourgmont Winery - BUS 1:00 Hand & Foot Canasta - CR 3:00 Bible Study for All - AR 6:30 Bridge - CR	30 9:30 Water Works! - Pool 11:00 Tai Chi - FC 11:00 Bank Outing 11:30 Rosary - Life of the Unborn - CH / Ch.1981 1:00 All Faith Worship - CH / Ch.1981 7:00 Trivial Pursuit - CR		ROOM KEY AG - Art Gallery AR - Activity Room BOT - Botticelli's CONF - Conference Room CR - Card Room/CH - Chapel DT - Della Terra FC - Fitness Center GH - Grand Hall/LIB - Library LT - LaTaverna THR - Theater/Media Room

November 2023

The Power of Family Recipes

During the holiday season, many of us see family or friends prepare meals using recipes that have been passed down to them by loved ones. It is always a special time to reminisce about who taught you how to cook, or your favorite recipes that you learned from a family member. We all have our favorite recipes that we share or either keep a secret just because it is that delicious, and sharing it would not make it as special as it is.

With our traditional family meals we create an heirloom that will be handed down to our children, grandchildren and great-grandchildren. This legacy of food passed down from one generation to another is a tool, a family tree of foods, a line that can be traced for decades into the past and the future. Preserving family recipes is saving and honoring our heritage so future generations can continue to strengthen those ties.



Pumpkin Spice and Everything Nice!



We are starting off the month with a performance from one of our favorite entertainers; the one and only James Rojas. The amazing saxophonist and vocalist will perform during happy hour on Friday, November 3rd. Some of you may recognize James from New Year's Eve and Valentine's Day. We will have this month's dinner out to Story on Wednesday, November 8th. Come on down to the chapel to help us salute all the Veterans of Santa Marta by joining us for an appreciation ceremony on Friday, November 10th. We will have an outing to Dillard's at Oak Park Mall on Thursday, November 2nd. We will also have shopping outings to Dollar Tree, Aldi, and Total Wine. To end the month, we will have an outing to Bourgmont Winery on Wednesday, November 29th.

And from all of us here at Santa Marta—We wish you a very happy & blessed Thanksgiving!

November 2023

Santa Marta Activities

Dates to remember:

Wednesday, November 1st:

10:00 a.m.—2:00 p.m. **Massage Therapist: Susan Myers—RESCHEDULED FOR NOVEMBER 15TH**

1:15 p.m. Book Club—AR

Thursday, November 2nd:

9:00 a.m. **Town Hall Meeting—CH**

2:30 p.m. Shopping at Dillard's at Oak Park—BUS

Friday, November 3rd:

4:00 p.m. Saxophonist/Vocalist, James Rojas—GH

Saturday, November 4th:

9:00 a.m. Shopping to Price Chopper—BUS

Sunday, November 5th:

DAYLIGHT SAVING TIME ENDS

3:30 p.m. Come Join Us...Sing-A-Long—BOT

Monday, November 6th:

1:00 p.m. Shopping at Dollar Tree—BUS

2:00 p.m. Community Outreach:
Fleece Tie Blankets—AR

Tuesday, November 7th:

10:00 a.m. Shopping to Target—BUS

Wednesday, November 8th:

1:00 p.m. Visionaides Support Group—AR

3:00 p.m. Blessings Abound Drop Off—GARAGE

4:15 p.m. Dinner Out to Story.—BUS

Thursday, November 9th:

9:00 a.m. Men's Breakfast—BOT

5:00 p.m. Pianist, Ruben Pascottini—BOT

Friday, November 10th:

2:00 p.m. Veterans Day Ceremony—CH

Saturday, November 11th:

VETERANS DAY

9:00 a.m. Shopping to Hen House—BUS

1:00 p.m. Computer Group—AR

Monday, November 13th:

1:00 p.m. Shopping at Aldi—BUS

Tuesday, November 14th:

10:00 a.m. Shopping to Walmart—BUS

Wednesday, November 15th:

10:00 a.m. Coffee & Donuts with Chet—CR

1:00 p.m. Dementia Support Group—AR

Thursday, November 16th:

9:00 a.m. Ladies' Breakfast—BOT

9:30 a.m. *Water Works Cancelled*

10:00 a.m. Browsing Books—AR

2:00 p.m. **Diamond Bookmarks by Mary Lee—CR**

5:00 p.m. Pianist, Ruben Pascottini—BOT

Saturday, November 18th:

9:00 a.m. Shopping to Price Chopper—BUS

Monday, November 20th:

9:00 a.m. Hollywood Casino Outing—BUS

2:00 p.m. "Yappy Hour"—SM Dog Park

2:00 p.m. Community Outreach: Fleece Tie
Blankets—AR

Tuesday, November 21st:

10:00 a.m. Shopping to Target—BUS

Wednesday, November 22nd:

10:00 a.m. Resident Council—AR

Thursday, November 23rd:

HAPPY THANKSGIVING!

Saturday, November 25th:

9:00 a.m. Shopping to Hen House—BUS

Monday, November 27th:

1:00 p.m. Outing to Total Wine—BUS

5:00 p.m. Pianist, Tim Whitmer—BOT

Tuesday, November 28th:

10:00 a.m. Shopping to Walmart—BUS

2:00 p.m. Grief Support Group—AR

Wednesday, November 29th:

1:00 p.m. Outing to Bourgmont Winery—BUS

Would you like to add a little pizzazz to your book reading? Come learn how to make diamond painted bookmarks with Mary Lee!

Diamond painting is fun, easy, and relaxing. The class will be held November 16th at 2:00 in the Card Room. If you use readers and/or a magnifying lamp for close work, please bring them! The maximum number for the class is eight. You may sign up with the concierge. (For an example of diamond painting, check out the wall by Mary Lee's apartment: #2408.)



DAYLIGHT SAVINGS

ends

SUNDAY, NOVEMBER 5TH

Don't forget to turn your
clocks **BACK** one hour
before you go to bed on
Saturday, November 4th



DINNER OUT TO
story.



WEDNESDAY,
NOVEMBER 8TH
4:15 P.M.



SIGN UP AT THE CONCIERGE DESK BY
MONDAY, NOVEMBER 6TH



★ ★ ★

ANNUAL VETERANS DAY CEREMONY

Friday, November 10th

2:00 p.m.

Chapel

REFRESHMENTS SERVED IN
DELLA TERRA FOLLOWING THE
PROGRAM BY
CATHOLIC COMMUNITY
HOSPICE

**Resident guest
must be
accompanied by
Resident at
all times.
Thank you
for your
understanding!**